



Reimagine
Realizing
Reaching
Richer
Rewarding
Romance
Responsible
Rock 'n' Roll
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AARP Livable Communities: Great Places for All Ages

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AARP in Maine

Mission

AARP is dedicated to enhancing quality of life for all as we age.

We work to lead positive social change and deliver value to our members through information, advocacy and service.



Livable Communities

“Affordable and appropriate housing, supportive community services, and adequate mobility options, which facilitate personal independence and the engagement of residents in civic and social life.”



1961

White House Council on Aging



Age-Friendly Community

Policies, services, settings and structures support and enable people to age actively by:

- recognizing the wide range of capacities and resources among older people.
- anticipating and responding flexibly to aging-related needs and preferences.
- respecting the decisions and lifestyle choices of older adults.

Age-Friendly Community cont.

- protecting those older adults who are most vulnerable
- promoting the inclusion of older adults in all areas of community life

Population Aging

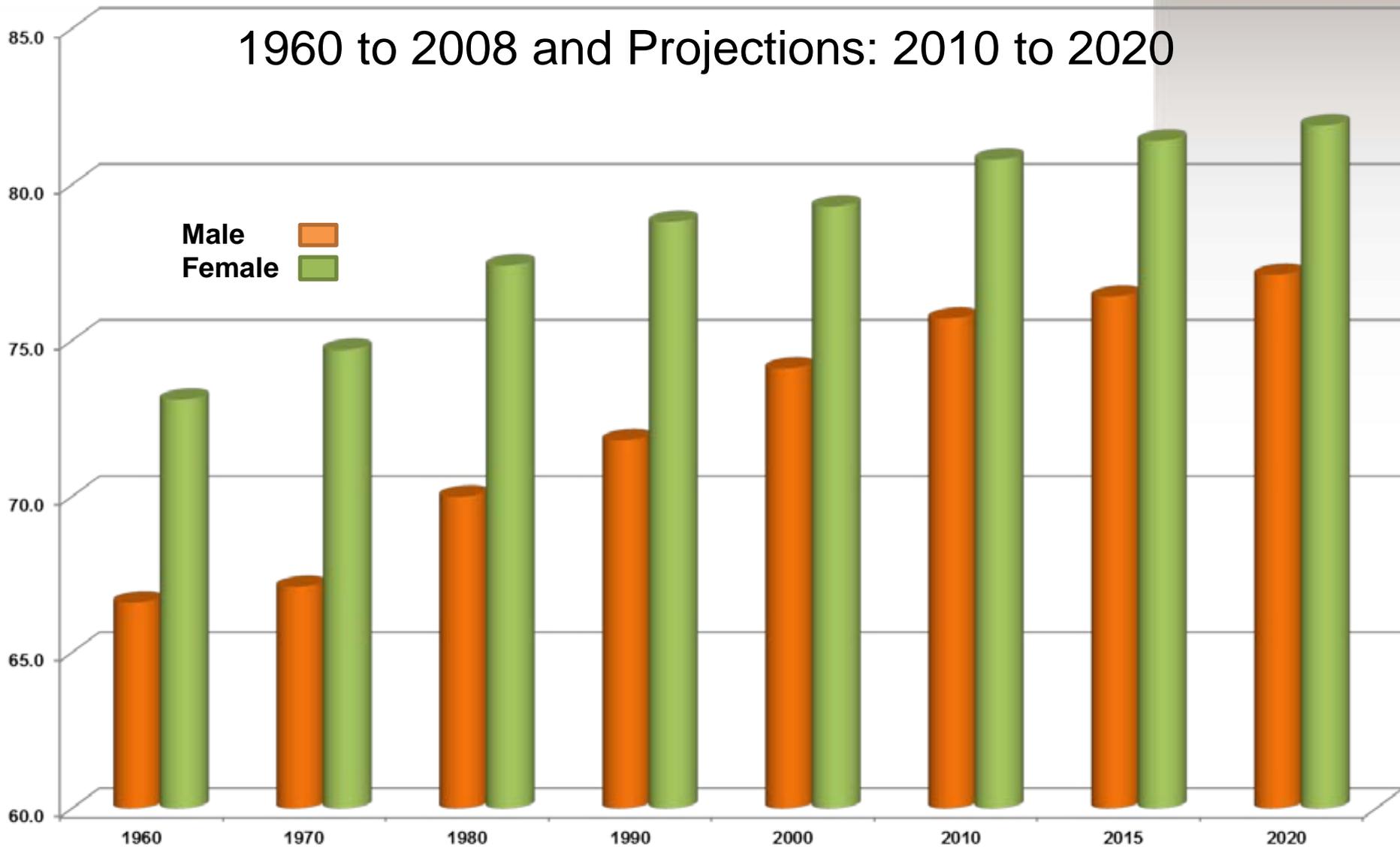
Boomers Lead to growth in the 65+ population

Year	65+ Population	Total Population	65+ Share of Total Population
2000	34,991,753	281,421,906	12%
2007	37,887,958	301,621,157	13%
2030	72,092,000	373,504,000	19%
2050	88,547,000	439,010,000	20%

Source: U.S Census Bureau - Census projections as of 2010

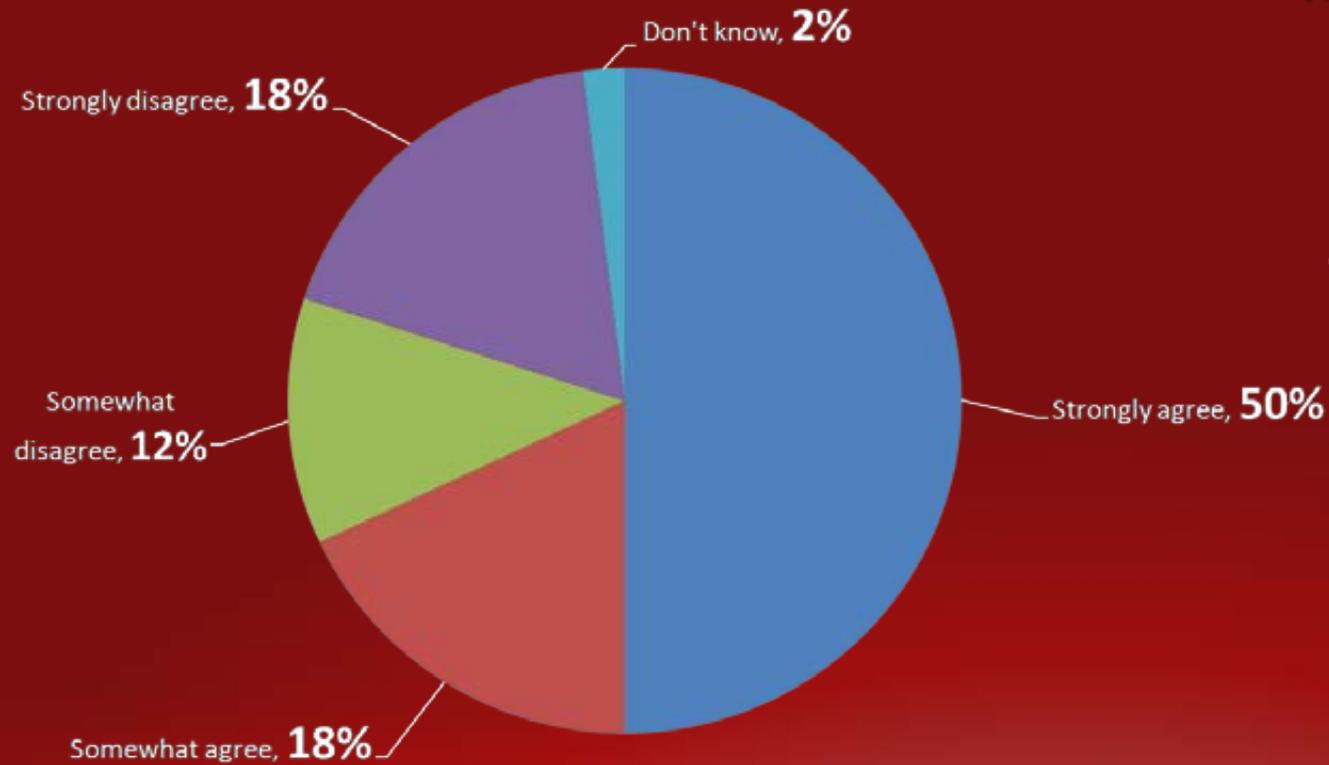
Expectation of Life at Birth

1960 to 2008 and Projections: 2010 to 2020

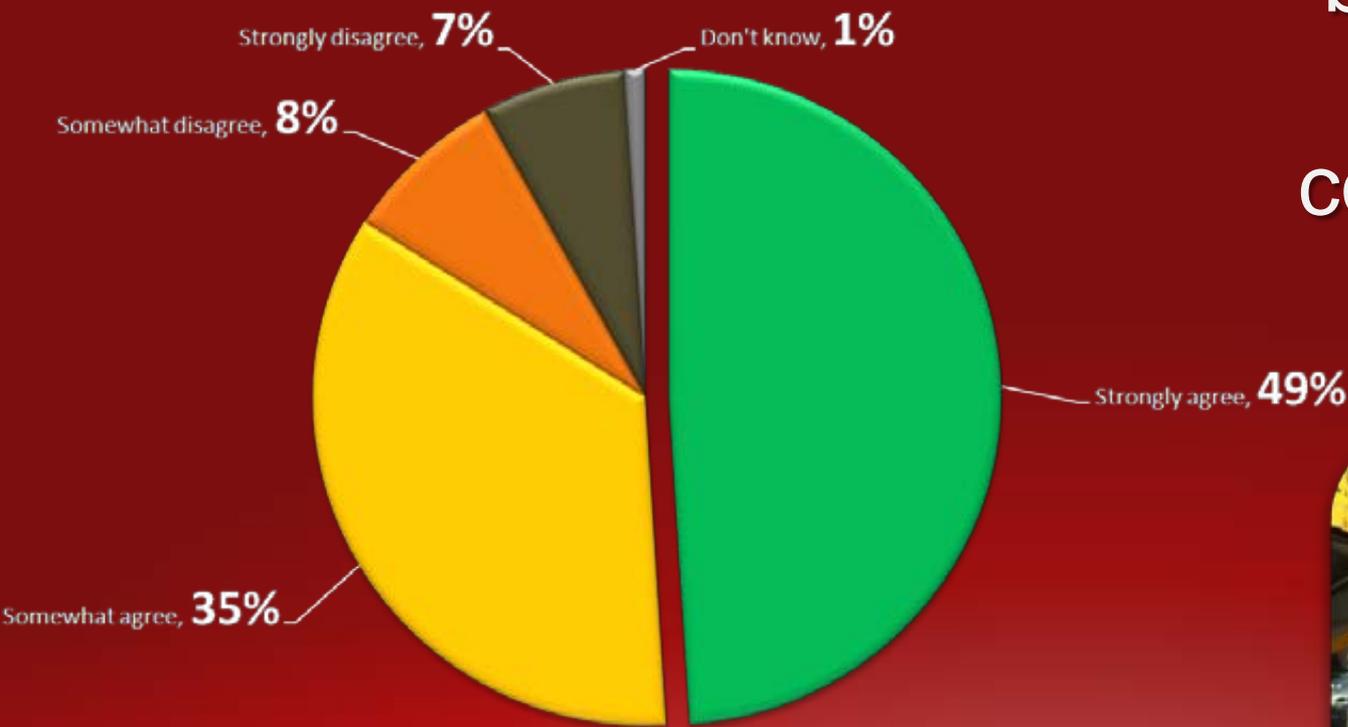




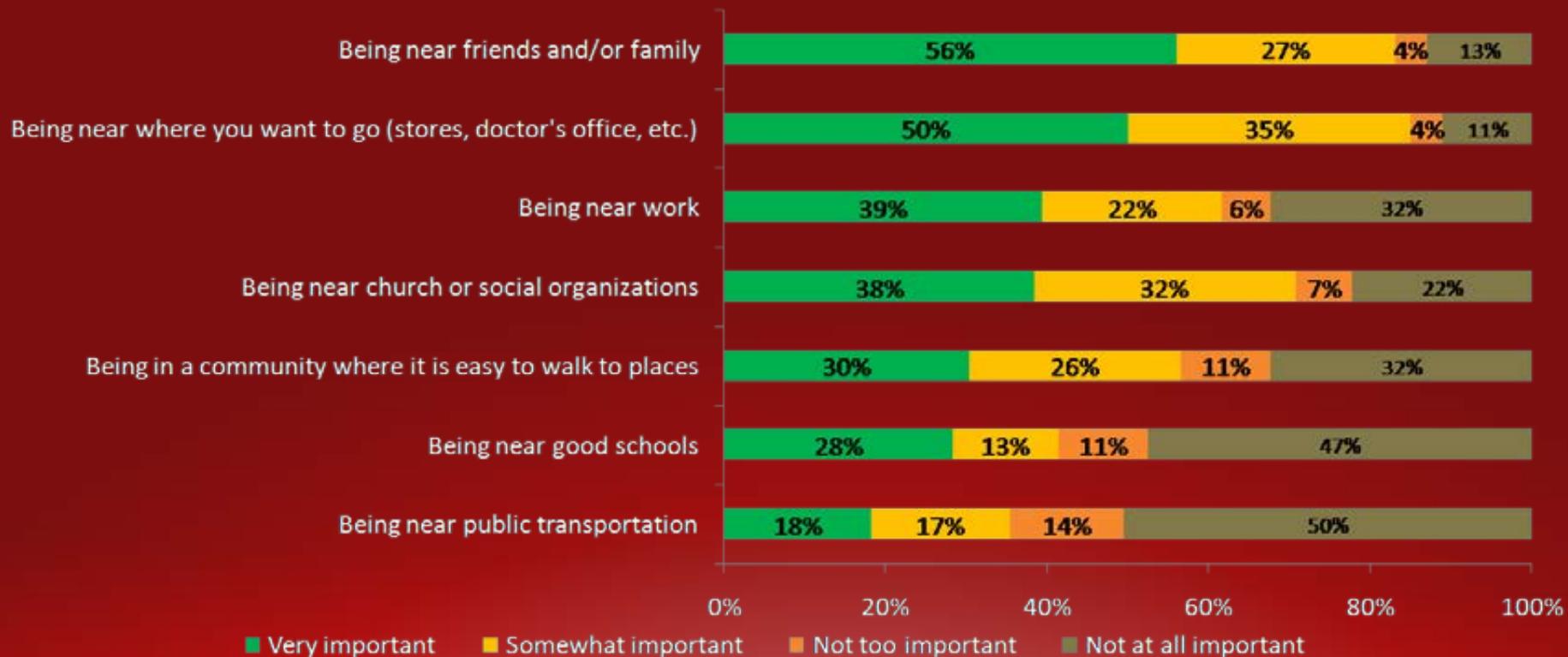
“What I’d really like to do is stay in my current residence throughout my retirement”



“I want to stay in my home because I like what my community has to offer me.”



Reasons to Stay in Community

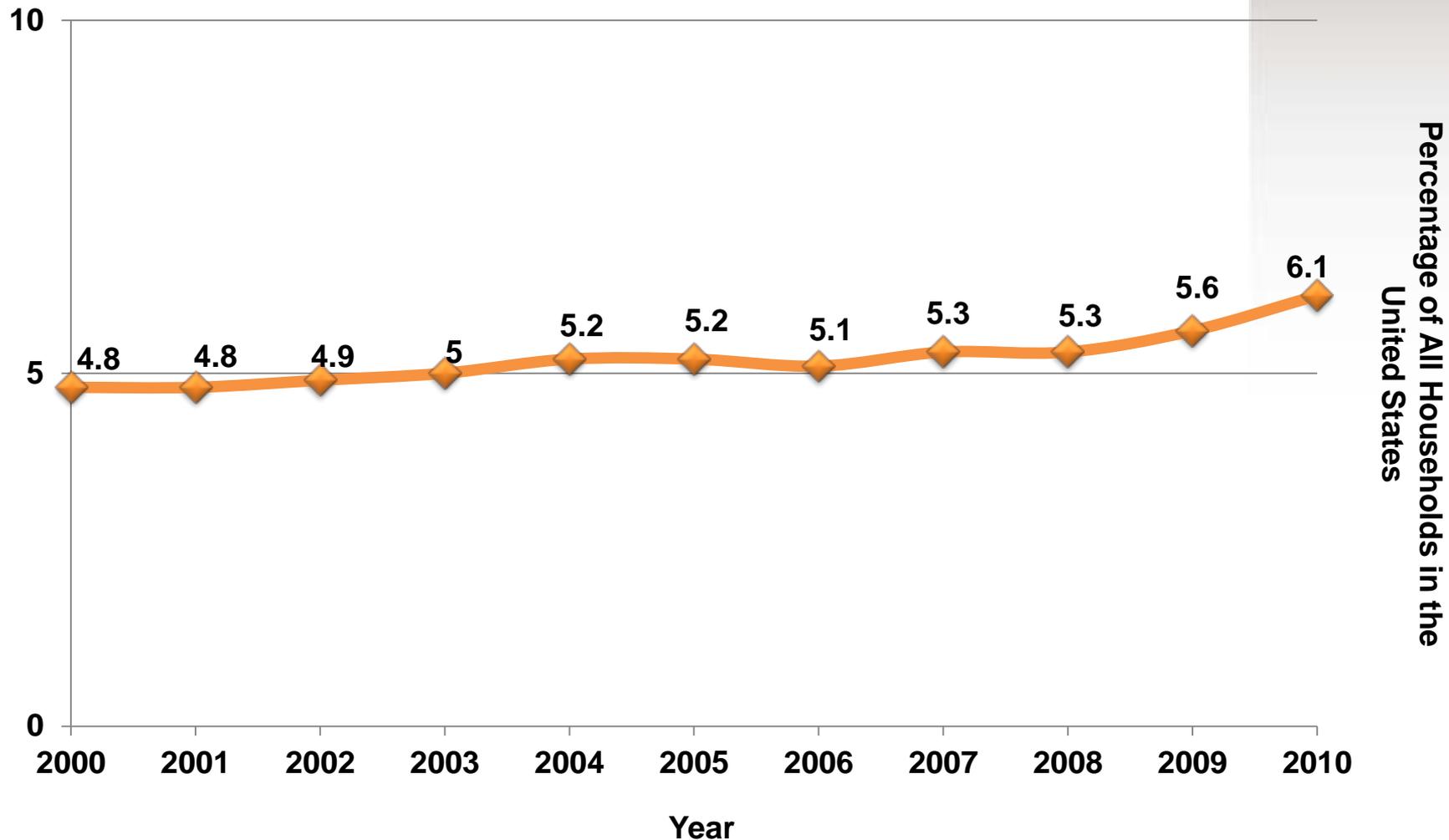




Boomers & Millennials: Changing Preferences



Multigenerational Households





Maine Characteristics

- Oldest state
- Most rural state
- Oldest housing stock
- Limited transportation alternatives
- Struggling economy
- Summer economy



Member Preferences/ Concerns

- Staying at home & in community
- Staying healthy & mentally sharp
- Staying physically fit
- Remaining engaged

- Monthly costs/ pocketbook issues
(especially heating)
- Health care costs

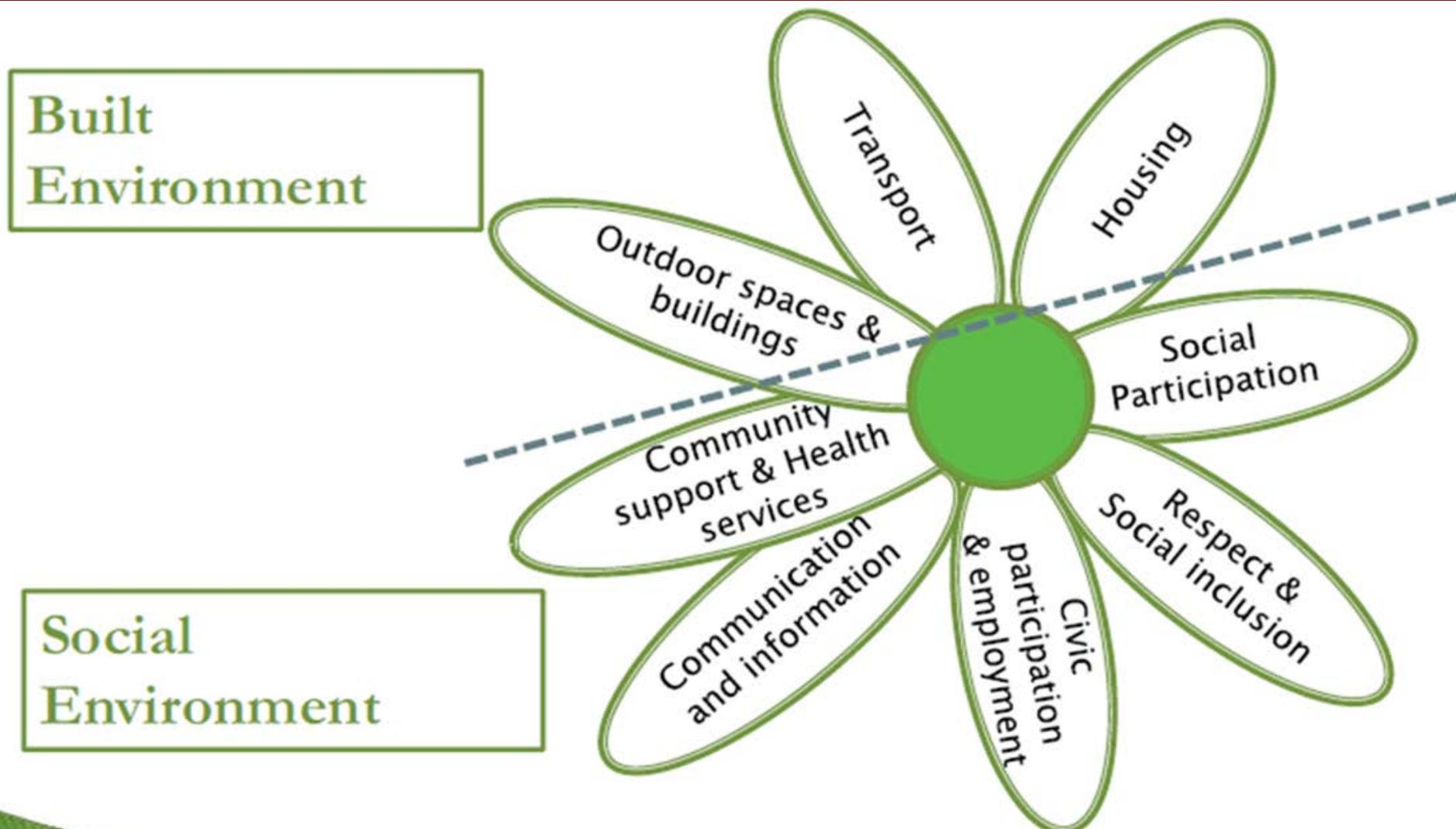
Aging in Place- What We Know

- More cost-effective for states, localities, and families
- Promotes better health and a higher quality of life
- Good for the community
- Good for local business
- Good for all generations

AARP Maine Engagement

- Focus on current AND future needs
- Network of Age-Friendly Communities
- Livable Communities Advocacy
- Civic & Cultural Engagement
- Community Engagement
- Complete Streets Design Support

AARP Network of Age-Friendly Communities





Momentum in Maine

City, town, neighborhood

- Bath
- Blue Hill
- Bowdoinham
- Brunswick
- Munjoy Hill neighborhood
- Saco
- S. Portland
- SW Harbor

Resources

www.AARP.org/Livable

www.blog.aarp.org/greatplaces

Presentations & Publications

Small Grants



Thank You!!!

